# **Committee: Cabinet**

# Date: 15th July 2019

# Subject: Merton Health and Wellbeing Strategy 2019 – 2024: A Healthy Place for Healthy Lives

Lead officer: Dagmar Zeuner, Director of Public Health

Lead member: Cllr Tobin Byers, Cabinet Member for Adult Social Care, Health and the Environment

Contact officer: Mike Robinson, Consultant in Public Health; Clarissa Larsen, Health and Wellbeing Board Partnership Manager

#### **Recommendations:**

A. That Cabinet considers the Merton Health and Wellbeing Strategy 2019 – 2014 and approves it for publication.

#### **1. PURPOSE OF REPORT AND EXECUTIVE SUMMARY**

The purpose of this report is for Cabinet to consider and approve the final draft of Merton Health and Wellbeing Board Strategy 2019 – 2024: A Healthy Place for Healthy Lives.

#### 2. BACKGROUND

It is a statutory duty for Health and Wellbeing Boards to produce a Health and Wellbeing Strategy and this new Strategy, with its focus on healthy place, reflects the ways of working that Merton Health and Wellbeing Board has adopted in recent years. Development of the Strategy has included broad engagement and an ongoing conversation with stakeholders and local connectors.

Members of Merton Health and Wellbeing Board have been closely involved in the development of this Strategy, and considered and agreed the final draft at their June meeting. To keep the main document concise the Strategy is backed by a Supplementary Information Pack.

Health and Wellbeing Board members have driven the engagement process through a series of themed workshops and these have formed the focus of the Strategy on Healthy Place; building on the established commitment of the Board to promote fairness and reduce health inequalities. The Board's continued ownership of the Strategy and its rolling programme of key priorities will be central to future achievement.

The Health and Wellbeing Strategy is explicitly intended to align with other strategies and plans across the Council including the new Children and Young People's Plan, the developing Sustainable Communities Strategy and the Local Plan. It also links closely with the Local Health and Care Plan.

# Synergy with the Local Health and Care Plan

Throughout the development of the Health and Wellbeing Strategy, close links have existed with the Merton Local Health and Care Plan. We have worked closely with CCG and other colleagues to coordinate both of these plans and make sure they complement each other (see Figure 1. below).

# Figure 1: How the Local Health and Care Plan and Health and Wellbeing Strategy fit together

- The Local Health and Care Plan (LHCP) is overseen by the Merton Health and Care Together (MHCT) Board.
- MHCT Board focuses on health and care services and integration and reports to the Health and Wellbeing Board (HWBB).
- The HWBB is the statutory council committee to provide overall vision, oversight and strategic direction for health and wellbeing in Merton, including the wider determinants of health.
- The refresh of the HWBB strategy takes the same life course approach as the LHCP – start well, live well, age well – but with a focus on creating a healthy place.
- We have worked to explicitly align the two plans to make sure they complement each other.



# 3. DETAILS

#### Summary of Health and Wellbeing Strategy

The final draft Health and Wellbeing Strategy is attached in Appendix 1. In summary, the Strategy sets out:

P. 2 – 3	A summary of what makes us healthy and an introduction to how the Health and Wellbeing Board works.
P. 4	An outline of the methodology we followed in developing the Strategy.
P. 5 – 6	A brief overview of the Merton Story and learning from Merton's last Health and Wellbeing Strategy.
P. 7 – 8 & Appendix Table 1	Merton Health and Wellbeing Board's Vision, Principles and Ways of Working
P. 8 – 9 Table 2 & Appendix Table 3	<ul> <li>The key healthy place attributes of:</li> <li>Promoting mental health and wellbeing</li> <li>Making the healthy choice easy</li> </ul>

	<ul> <li>Protecting from harm</li> </ul>
	and key outcomes for each by stages of the life course
P. 9 & Appendix Table 4	The key healthy settings including healthy intergenerational settings, healthy schools, healthy work places and healthy homes.
P. 10	A description of our way of delivery and how we will determine our rolling programme of priority actions
P. 10	How we show progress and learn through our framework for accountability

#### Supplementary Information Pack

The Health and Wellbeing Strategy has deliberately been kept concise backed by the Supplementary Information Pack included in Appendix 2.

There are links to this pack throughout the draft Strategy. It provides further details of the methodology and findings from the workshops, gives a rationale for each of the key outcomes, provides an explanation of the role of healthy settings and describes the types of actions the Board can take to influence most effectively.

#### 4. NEXT STEPS

In recent years, Health and Wellbeing Board members have recognised that the partnership works best when it focusses at any given point in time on one or two key priorities. Within the new Health and Wellbeing Strategy, we propose to continue this approach.

Initial consideration of priorities and criteria to identify proposals, have been discussed by Board members and it was agreed that it is important to keep momentum on the current Board priority of tackling diabetes.

Potential additional priorities include scaling up systematic work on promoting Healthy Workplaces - with a focus on mental health and active travel. It is proposed that a report be brought to the Health and Wellbeing Board's October meeting to consider this as a new priority for action. There is also the Health and Wellbeing Board's ongoing work with the Leadership Centre, to support further board learning in preparation for the future shape of the health and care system.

The Health and Wellbeing Strategy has been reported to the CCGs Governing Board and, subject to agreement by Cabinet, will be designed, published and shared widely. We also plan to produce an accessible, single page summary.

We continue to work closely to align with the Local Health and Care Plan throughout.

# **5. ALTERNATIVE OPTIONS**

None. It is a statutory duty of the Health and Wellbeing Board to produce a joint Health and Wellbeing Strategy.

# 6. CONSULATIONS UNDETAKEN OR PROPOSED

The comprehensive engagement programme is as set out in the report and appendices.

# 7. TIMETABLE

As set out in the report. Subject to agreement by Cabinet the Health and Wellbeing Strategy will be designed and, alongside a one page summary, shared widely..

# 8. FINANCIAL, RESOURCE AND PROPERTY IMPLICATIONS

The Health and Wellbeing Strategy does not have any additional expenditure implications for partner members for Health and Wellbeing Board. The rolling programme of priority actions will be delivered through decisions within existing governance and, where there is the opportunity, external funding.

# 9. LEGAL AND STATUTORY IMPLICATIONS

It is a statutory duty for the Health and Wellbeing Board to produce a joint Health and Wellbeing Strategy based on the Joint Strategic Needs Assessment.

# **10. HUMAN RIGHTS, EQUALITIES AND COMMUNITY COHESION IMPLICATIONS**

The Health and Wellbeing Strategy is directly concerned with tackling health inequalities.

#### **11. CRIME AND DISORDER IMPLICATIONS**

A key outcome of the Health and Wellbeing Strategy is for less self-harm and less violence.

# **12. RISK MANAGEMENT AND HEALTH AND SAFETY IMPLICATIONS**

N/A.

**APPENDICES** – the following documents are to be published with this report and form part of the report

Appendix 1: Health and Wellbeing Strategy 2019-24 - Final Draft

Appendix 2: Supplementary Information Pack

# BACKGROUND PAPERS

None.